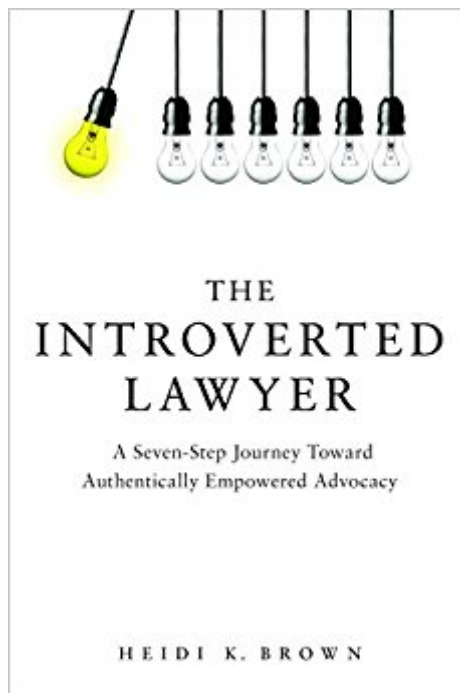




The book was found

The Introverted Lawyer: A Seven Step Journey Toward Authentically Empowered Advocacy



Synopsis

A stereotype bias exists in law school and legal practice favoring the garrulous extrovert. While loquacious law students, professors, lawyers, and judges thrive in a world dominated by the Socratic Method and rapid-fire oral discourse, quiet thinkers and writers can become sidelined. Introverted, shy, or socially anxious law students and lawyers often question their place in the legal arena, though research reveals they offer much-needed gifts to the profession, including active listening, empathy, contemplative analysis, and impactful writing. As legal education and law practice adjust to economic shifts and changing client mindsets, this is a prime opportunity for the legal community to make room for subtler voices. The Introverted Lawyer invites that dialogue into the legal profession. This book explains the differences among introversion, shyness, and social anxiety and how each manifests in the legal context; describes how the extrovert bias in law school and practice detrimentally can impact quiet individuals, fueling enhanced anxiety in a vocation already fraught with mental health issues; explores how quiet law students and lawyers offer greatly needed proficiencies to the legal profession; and finally, presents a seven-step process to help introverted, shy, and socially anxious individuals amplify their authentic lawyer voices, capitalize on their natural strengths, and diminish unwarranted stress.

Book Information

Paperback: 304 pages

Publisher: American Bar Association (August 1, 2017)

Language: English

ISBN-10: 1634257723

ISBN-13: 978-1634257725

Product Dimensions: 5.9 x 0.5 x 9.1 inches

Shipping Weight: 12 ounces (View shipping rates and policies)

Average Customer Review: Be the first to review this item

Best Sellers Rank: #437,438 in Books (See Top 100 in Books) #41 in [Books > Law >](#)

[Intellectual Property > Communications](#) #4546 in [Books > Textbooks > Law](#) #35432

in [Books > Self-Help](#)

Customer Reviews

Heidi K. Brown is an Associate Professor of Law and Director of the Legal Writing Program at Brooklyn Law School. For nearly two decades as a litigator in the rough-and-tumble construction industry, Heidi battled social anxiety and extreme public speaking anxiety in performance-oriented

scenarios such as depositions, negotiations, and court appearances. Transitioning to law teaching and recognizing similar angst and trepidation in many of her hard-working legal writing students, Heidi began tackling this issue head-on, studying introversion, shyness, and social anxiety in the legal context. Embracing and championing introversion and other forms of quietude as formidable assets in teaching, learning about, and practicing law, Heidi's passion lies in emboldening quiet law students and lawyers toward authentically empowered advocacy. Heidi is a recipient of the 2014 Global Legal Skills Award presented at the Ninth Annual Global Legal Skills Conference in Verona, Italy, and a member of the Fulbright Specialist Roster. Heidi graduated Phi Beta Kappa and with high distinction from The University of Virginia, and earned her Juris Doctor from The University of Virginia School of Law.

[Download to continue reading...](#)

The Introverted Lawyer: A Seven Step Journey Toward Authentically Empowered Advocacy
Lusitania: The Cunard Turbine-Driven Quadruple-Screw Atlantic Liner: Authentically Reproduced from a Rare 1907 Commemorative Edition of 'Engineering', with Additional New Material Selected by... INTROVERT: I Am An Introvert: The Power of Introverts and Introverted Leadership.: A survival guide on managing stress and emotional anxiety for quiet people (The Art of Growth Book 8) Quiet Power: The Secret Strengths of Introverted Kids Classic Baseball Cards: 98 Collector's Cards Authentically Reproduced in Full Color The Hidden Gifts of the Introverted Child: Helping Your Child Thrive in an Extroverted World Authentically Hamburg The Lincoln Lawyer (A Lincoln Lawyer Novel) What Every Good Lawyer Wants You to Know: An Insider's Guide on How to Reduce Stress, Reduce Costs and Get the Most From Your Lawyer The Six Minute Lawyer: GTD For Lawyers - Work Patterns to Reduce Stress and Increase Lawyer Productivity Beach Lawyer (Beach Lawyer Series) The Criminal Lawyer: (A Good Lawyer Novel) Ebersole & Hess' Toward Healthy Aging: Human Needs and Nursing Response, 8e (TOWARD HEALTHY AGING (EBERSOLE)) Ebersole & Hess' Toward Healthy Aging - E-Book: Human Needs and Nursing Response (TOWARD HEALTHY AGING (EBERSOLE)) Toward Healthy Aging: Human Needs and Nursing Response, 7e (Toward Healthy Aging (Ebersole)) Google+ for Lawyers: A Step by Step User's Guide (Lawyer Marketing Series Book 1) How NOT To Think Like a Lawyer: Seven Steps to Becoming an Extraordinary - and Winning - Trial Attorney Drawing: Beginning Still Life: Learn to draw realistic still lifes step by step - 40 page step-by-step drawing book (How to Draw & Paint) A Step-By-Step Learning Guide for Older Retarded Children (Step-By-Step Learning Guide Series; 2) Ketogenic Diet :The Step by Step Guide For Beginners: Ketogenic Diet For Beginners : Ketogenic Diet For Weight Loss : Keto Diet : The Step by Step Guide For Beginners

Contact Us

DMCA

Privacy

FAQ & Help